



Fusion Starter

✓ Spring Roll Japanese Style	£2.80
Roasted Duck Samosa	£3.20
Pan-Fried Japanese Dumpling	£3.20
'Kimchi' Chicken Skewers	£3.20
Filo Crispy Prawn	£3.80
✂ Fresh Oysters with Three Flavoured Dressing (3 Pieces)	£4.20
Dressing with sweet sour tomato, onion and carrot, ginger and garlic flavours	
Bread Crumb and Deep Fried Oyster Cutlets (3 Pieces)	£4.20
H Fried Soft Shell Angry Crab with Red Chilli and Curry Leaf	£4.20
Prawn & Seaweed Dumpling	£3.80
H Nikko Chilli Squid	£3.80
✓ Edamame	£3.20
Japanese Style 'Crab Roe' Salad	£4.20
H Korean Style Egg Salad	£4.20
✂ Spicy Tuna Tartare	£4.80
✓ Japanese Miso Soup	£2.20
H Spicy Seafood Soup	£3.20
Prawns, squid, scallops and seaweed in tangy Kimchi based soup	
Miso Soup with Diced Chicken and Seaweed	£3.20
King Prawn & Vegetable Tempura	£3.20
Assorted Seafood Tempura	£3.80

Stir-fried Noodles

Stir-fried Sliced Beef Udon 'Kyushu' Style	£6.95
Stir-fried Shredded Duck Udon	£6.95
Stir-fried Seafood Udon	£7.95

✓ = Suitable for Vegetarian H = Hot ✂ = Raw Seafood

Main Courses

Zen's Signature Dish	£8.45
Deep Fried Sliced Monkfish Tails Flavoured with Zen Sweetened Grapefruit Tangyang Sauce	
Zen's Dragon Tail Ribs	£6.95
Grilled Fresh Water Eel	£7.95
Honey Peppered shredded Chicken	£6.95
Stir Fried Shredded Duck 'Japanese' Style	£7.95
Roasted Duck Breast Fillet with Mango Slices	£7.95
H Japanese Style Chicken Curry	£6.95
H Japanese Style King Prawn Curry	£6.95
H Japanese Style Duck Curry	£7.95
H✓ Japanese Style Curry Vegetables	£6.95
Stir Fried Chicken Fillet with Lotus Root and Asparagus in Black Pepper Sauce	£7.95
H Stir Fried Chicken with Kimchi Sauce	£6.95
H Stir Fried King Prawn with Kimchi Sauce	£6.95
H✓ Stir Fried Asian Greens with Kimchi Sauce	£6.95
Stir Fried Diced Fillet Steak in Teriyaki Sauce	£8.45
Pan- Fried Rib-Eye Steak Rolls with Enoki Mushroom	£8.45

All the above dishes are include Boiled Rice or Egg Fried Rice, Yaki Udon or Ramen £1 Extra

Soup Noodles (Ramen or Udon)

Zen provides two flavours for our special soup noodle dishes. These are derived from recipes used in the famous Osaka Noodle Bar. Ramen is fine Japanese egg noodles; Udon is made of wheat flour, salt and water.

Choose your own topping:

Thin Sliced Rib-Eye Steak	£6.95
Chicken Fillet & Boiled Egg	£6.95
Roasted Duck	£6.95
Seafood	£7.95
✓ Assorted Organic Mushroom	£6.95

55-59 Adelaide Street, Belfast BT2 8FE

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Sashimi

Sashimi is the most succulent finely slices of the freshest raw fish or seafood.

🍣 Sake (Salmon)	£4.80
Hokkigai (Surf Clam)	£4.80
Tako (Octopus)	£5.20
🍣 Amaebi (Sweet Shrimp)	£6.20
🍣 Maguro (Tuna)	£6.20
🍣 Hamachi (Yellow Tail)	£8.20
Sashimi Moriawase (Sashimi Platter)	Large £17.00 Small £9.00

Customer with food allergies

(e.g. Nuts, Gluten Free, Alcohol etc. Please advise your server when ordering).

Sushi

(Price for 2 pieces)

The most famous and distinctive Japanese food - Sushi, is 'vinegared rice with a filling or topping of raw, cooked or marinated fish, shellfish, vegetables or egg.'

Kani (Crab Stick)	£2.40
🍣 Sake (Salmon)	£2.40
Tamago (Sweet Omelette)	£2.40
Tako (Octopus)	£2.80
Hokkigai (Surf Clam)	£2.80
🍣 Tofu Pocket	£3.20
Ebi (Shrimp)	£3.20
Unagi (Fresh Water Eel)	£3.20
🍣 Kaniko (Crab Roe)	£3.20
🍣 Maguro (Tuna)	£3.20
🍣 Ikura (Salmon Roe)	£3.20
🍣 Amaebi (Sweet Shrimp)	£3.80
🍣 Hamachi (Yellow Tail)	£4.40
Sushi Moriawase (Sushi Platter)	12 pieces £17.00 6 pieces £9.00

Maki Roll

Maki Roll consists of rice and seafood, vegetable or omelette rolled into a cylinder with seaweed around it.

🍣 Oshinko Maki (Assorted Pickles)	£2.60
🍣 Kappa Maki (Cucumber)	£2.60
🍣 Avocado Maki (Avocado Roll)	£2.60
🍣 Sake Maki (Salmon Roll)	£2.60
Kani Maki (Crab Stick Roll)	£2.60
Tamago Maki (Sweet Omelette Roll)	£2.60
🍣 Vegetable California Maki	£3.60
Filled with avocado, cucumber and mayonnaise. Wrapped in Sesame.	
California Maki	£3.60
Filled with avocado, cucumber, crabstick and mayonnaise. Wrapped in Crab roe.	
🍣 Futo-Maki (Mixed Roll)	£4.20
Unagi Maki (Fresh Water Eel Roll)	£3.60
Aigamo Maki (Roasted Duck Roll)	£3.60
🍣 Tekka Maki (Tuna Roll)	£3.60
Spinach & Soft Shell Crab Roll	£5.80
Deep Fried Maki Roll (Filled with)	£4.80
A) Roasted Duck & Cucumber	
B) Sweet Omelette & BBQ Eel	
🍣 C) Avocado & Tofu Pocket	
D) California Style	

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